

GIMNASIO MARBEL		HORARIO DE CLASES DURANTE JULIO 2017			
LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	
M	A	Ñ	A	N	A
	11-12h <u>Jiu-Jitsu/DPP/Def.Per</u>		11-12h <u>Jiu-Jitsu/DPP/Def.Per</u>		
T	A	R	D	E	
18-19h Pilates Reformer		18-19h Pilates Reformer			
	19,30-20,30h Pilates Reformer	19,30-20,30h Pilates Suelo	19,30-20,30h Pilates Reformer		
20,30-21,30h <i>Aerobic</i> 20,30-21,30 Pilates Reformer	20,30-21,30h Pilates Reformer 20,30-21,30h Pilates Suelo	20,30-21,30h <i>Aerobic</i> 20,30-21,30 Pilates Reformer	20,30-21,30h Pilates Reformer 20,30-21,30h Pilates Suelo		
21,30-22,30h Judo	21,30-22,30 <u>Jiu-Jitsu/DPP/Def.Per</u>	21,30-22,30h Judo	21,30-22,30 <u>Jiu-Jitsu/DPP/Def.Per</u>	21,30-22,30h Judo	

SALA DE FITNESS: LUNES A VIERNES 7,30-14,00 horas/ 17,00-22,30 horas
Los sábados de Julio y Agosto la sala permanecerá cerrada.